

## Popular Meal Selections

### Soup:

<b>Corn Chowder with Shrimp</b>	<b>Potato Leek</b>	<b>French Onion</b>	<b>Manhattan Clam Chowder</b>
<b>Poblano Pepper Chicken Chowder</b>	<b>Fresh Tomato Basil</b>	<b>Exotic Mushroom</b>	<b>New England Clam Chowder</b>
<b>Minestrone</b>	<b>Navy Bean</b>	<b>Tortilla</b>	<b>Tomato, Rice and Sausage</b>
<b>Split Pea with Ham</b>	<b>Shrimp Bisque</b>	<b>Cucumber (Cold)</b>	

### Salads:

**Mixed Greens:** Baby greens served with fresh croutons and light herb dressing

**Tasty Temptations Chopped:** Mixed greens, tomatoes, roasted corn, scallions, diced bacon, avocado, olives and blue cheese

**The Ultimate Wedge Salad:** Iceberg lettuce wedge drizzled with blue cheese dressing, crumbled bacon, chopped tomatoes

**Asian Spinach Salad with Orange and Avocado:** Baby spinach topped with a rice wine and fresh ginger and sesame oil dressing

**Caprese:** Fresh tomatoes layered with mozzarella and basil leaves, drizzled with Olive oil and Aged Balsamic Vinegar

**Italian Salad:** Mixed greens, celery, red onion, cherry tomatoes, Sicilian olives and pepperoncini and traditional Italian Dressing

**Pesto Pasta Salad:** White beans, baby arugula, pasta and Parmigianino shavings with a red wine vinaigrette and pine nuts

**Cucumber and Sweet Onion Salad:** Thinly sliced Cucumber and sweet onion with fresh dill in a Vinaigrette with Sea Salt

**Avocado Salad Stuffed Tomato Halves:** Avocado and Pico-de-Gallo topped with a Crisp Tortilla Chip

**Southwest Quinoa:** corn, tomato, roasted poblano peppers, black beans and cilantro in a cumin and lime dressing

**Quinoa with Pecans, raisins and a citrus dressing**

**Shrimp and Orzo with fresh dill**

**Couscous with cherry tomato, spinach and basil**

**Classic American Potato Salad:** with fresh eggs and sweet pickle in a creamy mayonnaise base

**Dixie Slaw :** The Best!

### Entree:

**Chicken Picatta:** Chicken breast in a white wine and lemon sauce with capers and mushrooms

**Apricot Basted Chicken-** Roasted and basted with apricot, honey and spices

**Lemon Roasted Chicken:** Whole Chicken roasted with light touches of lemon, herbs and white wine.

**Lemon Thyme Chicken-** With a lemon and herb broth

**Grilled Asian Chicken:** with Bok Choy, Red Pepper and Shiitake Mushrooms

**Tilapia on a bed of julienned vegetables** cooked in parchment

**Spiced Roast Pork Tenderloin:** on a bed of apple and onion slices

**Jambalya with Red Beans and Rice**

**Greek Seasoned marinated Pork Tenderloin**

**Carolina Pulled Pork:** Tender "fall apart" pork served on an old fashioned roll topped with vinegar slaw

**Beef Sirloin roasted with Red and Green Peppers:** served with a Sauce Dianne

**Texas Brisket:** Slow cooked then smoked to a tender turn with sauce on the side

**Old Fashioned Meat Loaf** – Topped with onion crisps and gravy

**New England Pot Roast** – with potatoes, carrots and celery in rich gravy

**Pepper Steak-** with multi colored peppers and a savory sauce

**Lamb Chops** pan grilled with garlic and herbs

**Baked Salmon:** With a sour cream dill sauce

**Miso Glazed Salmon Steak:** White Miso gives the Salmon an Umami-packed supercharged flavor.

**Grilled Swordfish:** With Mango Salsa

**Catfish Veracruz:** pan sautéed catfish in a sauce of fresh tomato, onion, pepper, capers and olives

**Tasty Temptation's Ultimate Mac and Cheese:** Creamy and rich with 4 cheeses and a rich buttered crumb topping

**Pappardelle Florentine:** with Fresh Tomato Sauce, Spinach and Italian Sausage

**Spaghetti and Meatballs**

**Eggplant Parmesan**

**Penne with Sausage and Peppers in a Marinara Sauce**

**Italian Sausage and Peppers:** with either Angel Hair Pasta or Rotini and Red sauce

**Lasagna-** Layers of three cheeses, sausage and sauce between pasta

**Vegetarian Lasagna:** Layered between sheets of pasta are three cheeses, marinara, zucchini, eggplant and mushrooms

### Sides:

**Roma Tomato and Zucchini Gratin:** Layers of tomato, zucchini and Parmesan cheese topped with basil and crisp bread crumbs.

**Tasty T's Baked Beans:** Three types of beans slow baked with touches of brown sugar, mustard, pork shoulder and secret spices

**Maple Mashed Sweet Potatoes:** Mashed to a creamy softness, lightly flavored with Pure Maple Syrup and a sprinkle of spiced pecans

**White Cheddar Mashed Potatoes**

**Garlic Mashed Potatoes**

**Mashed Sweet and White Potato Puree**

**Twice Baked Potato**

**Loaded Baked Potato**

**Twice Baked Sweet Potato**

**Baked Sweet potato with cinnamon and maple**

**Oven Roasted Fingerling Potatoes with Rosemary and Butter**

**Couscous Confetti:** a mixture of finely minced vegetables for flavor and color

**Pecan Rice** – With onion, garlic and herbs slow cooked in broth

**Ginger Cilantro Rice**

**White and Wild Rice with fresh herbs**

**Oven Roasted Fall Vegetables:** carrots, squash, parsnip, turnip, Brussel sprouts

**Escalloped Corn-** A casserole of fresh corn, cheese, corn bread and green chilie

**Asparagus** with garlic butter and parmesan shavings